

## Family Law

CALL US - BEFORE YOUR EX DOES!

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Since I moved in with my girlfriend, my Ex won't talk to me and instead uses the kids as messengers. It is stressing out our children to be put in the middle. How can I make her stop? The kids hate it!

It is not unusual for the partner who is left behind, to feel hurt and rejected. Often, it is easier to avoid talking to the other spouse, and to use the children as gobetween's instead. Most people do not realize that this is downright harmful to the children. Study after study has shown that Divorce does not leave longterm negative impacts on children, but longterm conflict does-in particular, involving the children in the adult conflict. The children love both of you, and it is unfair to them to put them in the middle and divide their loyalties.

Appeal to your Ex in writing to deal with you directly, by text or email if she is more comfortable. If she continues to use the children as go-between's, seek out a Family Lawyer who can assist you in obtaining a Court Order preventing your Ex from communicating directly through the children about adult issues.

Your friends at Shank Law.

Next time - what to do when your spouse refuses to list the matrimonial home for sale.



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